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Several Habits of Highly Successful Breakeruppers

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Abstract

In lieu of an abstract, below is the essay's first paragraph.

"She takes in a deep breath, and subsequently sucks the remaining air right out of the room; like a toy soldier, her wind up key has already been turned, and she proceeds to recount one of those monotonous stories that makes a man wish he were temporarily deaf. After a long day at work, with his eyes glazing over faster than a doughnut, the man wonders why his girlfriend can not be quiet for at least five minutes."

Cover Page Footnote

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KEVIN MILLER

SEVERAL HABITS OF HIGHLY SUCCESSFUL BREAKERUPPERS

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You can be nice, or honest, or mean; however, with any path taken, it's usually never easy to end a relationship, but breaking up can be creative: men are from Mars and women are . . . about to learn ingenious new ways to be dumped.

To creatively dump someone, you must pioneer new techniques in the field of relationship ending—make her dump you. If your girlfriend is the kind of person who might stalk you, or bad mouth you, or swear off men by joining a convent because you dumped her, then this is the option to pursue. Several approaches are at your disposal, and each one is as easy as the next. In fact, the lazier you behave, the better. First, just try to be yourself; it might be surprising how disillusioned she is by the real you. Furthermore, behind your façade of new-age sensitivity, the true video game addict, sex obsessed porn enthusiast, belching, expletive user you are, will undoubtedly have her running for the hills.

Showing your true colors is not always enough to be dumped; sometimes it's necessary to expedite the process by embellishing your foibles. For example, skip showers, and don't brush your teeth. Stare at other women, or better yet, flirt with them. Pick your nose or hack loogey. Make your girlfriend pay for dinner, and under no circumstances should you open a door for her. Acting the part of vulgar slob is simple and effective; if your girlfriend still hangs around, she's either crazy or really enamored with you; move to plan B.

For those of you who aren't confrontation phobic, I suggest initiating the break up yourself, but do it creatively, and only when you are entangled in an ugly relationship befitting a little nastiness. Otherwise, take the vanilla approach. You know the one that goes, "It's me, it's not you. I'm at a non-committed point in life." Letting her down easy is safe, and time tested, but it's boring; you need to be imaginative; you need to be the pioneer-breakerupper blazing new trails.

Infusing a little irony into the break up demonstrates originality, spitefulness, and sardonic wit. For instance, a frequent complaint about men is they are not romantic enough; alright, if it's romance she wants, then romance she shall receive. First, consider the faux proposal break up. And yes, it's as cold as it sounds. Invite the

calculating, gold digger over for a candlelight dinner, and tell her a “Joe Millionaire” style inheritance story, insinuating tremendous wealth has been acquired, or mention a sizeable pay raise. When her money-hungry appetite is wet, crouch down on one knee, and say, “Hunny will you break up with me.”

William Shakespeare wrote creative, ironic, often romantic literature, but he never offered advice on dumping; yet, you can still borrow from *Romeo and Juliet*. The balcony scene where Romeo professes his undying devotion to Juliet is perfect to rip-off; however, a new twist will be added for your purposes. Nearing your girlfriend’s second floor bedroom window in the moonlit darkness, take another swig of Jack Daniel’s, compose your thoughts, and call out to her. If she happens to respond to your drunken rumblings, (insert your name here) where for art thou (insert your name here), profess your undying resentment for her and walk away feeling confident she’ll never speak to you again. Although, you’ll probably look like a jackass.

Involving her friends in the break up is no problem. In this case, throw her a surprise party complete with friends, co-workers, and a cake. It will be advantageous to cut the cake (obviously, with a knife) ahead of the party, and avoid using candles because she’ll be searching for weapons later. I guarantee. Leaping out from behind the furniture, yell “surprise” like everyone else, except include the part about breaking up, and make a dash for the exits before the crowd realizes what happened.

Symbolism is an ingenious way to hint at a possible break up. Taking your girlfriend to a place symbolizing the status of your relationship, a dumpster for example, can lend subtle hints. Moreover, when she’s begging to go to that stupid 1950’s diner in the mall for third time in a week, take her and buy a banana split. Another dilemma plaguing relationships is sexual unfaithfulness. If you catch your girlfriend cheating on you, resist the temptation of calling her the awful little word that starts with W and rhymes with chore. Instead, buy her an ultra short mini-skirt, good street walking boots, and a push up bra, and tell her if she’s going to be in that line of work she has to wear the appropriate uniform.

You have so many options, but only so many girlfriends to dump; make them count. If your girlfriend is insanely boring, let her know you’ve found someone with a better personality, then introduce her to your new life size blow-up doll. On the other hand, if your girlfriend criticizes you incessantly about your unkempt appearance, attend the break up session with a laser pointer. Like the “Seinfeld” episode where Elaine’s boyfriend tells her she has a big head, don’t let your girlfriend leave without being slightly paranoid about her various flaws.

Annoying laughs, bad communication, divergent interests, wandering eyes—are a few motives couples cite for breaking up. Whatever the reason, I do not condone any of the behaviors mentioned in the essay; nevertheless, they are entertaining to ponder. Take a deep breath, suck the air out of the room, and let the dumping begin.