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See Me

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See Me

See Me

Look me in the face.
Look at me today.
See how I've replaced
the mask of yesterday.

Look me in the eyes.
Look at me tomorrow.
Now you realize
all these masks are borrowed.

Look me in the heart.
Look at me now.
The mask set apart
my true Self I allow

To be seen as a whole.
My mind, my body, my soul.

Lynn Dillon